

## Summer 2023 Schedule Senior



Day	Time	Session Type	Location	Dates	Duration	Price	
Monday	01:30 PM - 02:15 PM	Open Freeskate	Trout Lake	July 17 - Aug 7	4 weeks	\$68.00	
	02:30 PM - 03:30 PM	Freeskate					
	03:30 PM - 03:45 PM	Group Enrichment					
	04:00 PM - 04:30 PM	Off-Ice					
	02:00 PM - 03:00 PM	Freeskate				Aug 14 *	1 week
	03:00 PM - 03:15 PM	Group Enrichment					
03:30 PM - 04:00 PM	Off-Ice						
Tuesday	12:15 PM - 12:45 PM	Open Off-Ice	Trout Lake	July 18 - Aug 8	4 weeks	\$75.00	
	01:00 PM - 01:15 PM	Group Enrichment					
	01:15 PM - 02:30 PM	Open Freeskate					
	06:15 PM - 07:15 PM	Freeskate	Hillcrest	July 4 - Aug 8	6 weeks	\$90.00	
	07:15 PM - 07:30 PM	Group Enrichment	Trout Lake	Aug 15	1 week	\$17.00	
08:45 AM - 09:45 AM	Freeskate						
Wednesday	01:00 PM - 02:00 PM	Freeskate	Britannia	July 5 & 12	2 weeks	\$40.00	
	02:15 PM - 02:45 PM	Off-Ice					
	06:30 PM - 07:30 PM	Off-Ice	Trout Lake	July 19 - Aug 9	4 weeks	\$104.00	
	08:00 PM - 09:00 PM	Freeskate **		July 19 - Aug 16	5 weeks		
Thursday	05:00 PM - 06:00 PM	Off-Ice ***	Hillcrest	July 6 - Aug 10	6 weeks	\$135.00	
	06:15 PM - 07:15 PM	Freeskate					
	07:15 PM - 07:30 PM	Group Enrichment					
	06:45 PM - 07:45 PM	Freeskate	Trout Lake	Aug 17	1 week	\$17.00	
	07:45 PM - 08:00 PM	Group Enrichment					
Friday	08:15 AM - 08:30 AM	Group Enrichment	Hillcrest	July 7 - Aug 11	6 weeks	\$116.00	
	08:30 AM - 09:45 AM	Open Freeskate					
	10:00 AM - 10:30 AM	Open Off-Ice					
	06:45 PM - 07:45 PM	Off-Ice	Britannia	July 7 & 14	2 weeks	\$40.00	
	08:00 PM - 08:45 PM	Freeskate					
	08:45 PM - 09:00 PM	Group Enrichment					
	06:15 PM - 07:15 PM	Off-Ice	Trout Lake	July 21 - Aug 11	4 weeks	\$95.00	
	07:30 PM - 08:15 PM	Freeskate		July 21 - Aug 18	5 weeks		
08:15 PM - 08:30 PM	Group Enrichment						

\* Monday Aug 14 sessions are all shifted 30 minutes earlier.

\*\* Wednesday Aug 16 Freeskate session starts 15 minutes earlier from 7:45pm - 9:00pm.

\*\*\* Thursday Off-Ice held in the Curling Club Boardroom @ Hillcrest.

## Summer 2023 Schedule Junior



Day	Time	Session Type	Location	Dates	Duration	Price
Monday	11:45 AM - 12:15 PM	Off-Ice	Trout Lake	July 17 - Aug 14	5 weeks	\$87.00
	12:30 PM - 12:45 PM	Group Enrichment				
	12:45 PM - 01:30 PM	Freeskate *				
	01:30 PM - 02:15 PM	Open Freeskate				
Tuesday	12:15 PM - 12:45 PM	Open Off-Ice	Trout Lake	July 18 - Aug 8	4 weeks	\$75.00
	01:00 PM - 01:15 PM	Group Enrichment				
	01:15 PM - 02:30 PM	Open Freeskate				
	04:30 PM - 05:00 PM	Off-Ice	Hillcrest	July 4 - Aug 8	6 weeks	\$115.00
	05:15 PM - 06:15 PM	Freeskate				
	07:45 AM - 08:45 AM	Freeskate	Trout Lake			
Wednesday	11:15 AM - 11:45 AM	Off-Ice	Britannia	July 5 & 12	2 weeks	\$40.00
	12:00 PM - 01:00 PM	Freeskate				
	05:30 PM - 06:30 PM	Off-Ice	Trout Lake	July 19 - Aug 9	4 weeks	\$104.00
	06:45 PM - 07:00 PM	Group Enrichment				
	07:00 PM - 07:45 PM	Freeskate				
Thursday	04:00 PM - 05:00 PM	Off-Ice **	Hillcrest	July 6 - Aug 10	6 weeks	\$130.00
	05:15 PM - 05:30 PM	Group Enrichment				
	05:30 PM - 06:15 PM	Freeskate	Trout Lake	Aug 17	1 week	\$17.00
	05:45 PM - 06:00 PM	Group Enrichment				
	06:00 PM - 06:45 PM	Freeskate				
Friday	08:15 AM - 08:30 AM	Group Enrichment	Hillcrest	July 7 - Aug 11	6 weeks	\$116.00
	08:30 AM - 09:45 AM	Open Freeskate				
	10:00 AM - 10:30 AM	Open Off-Ice				
	05:45 PM - 06:45 PM	Off-Ice	Britannia	July 7 & 14	2 weeks	\$40.00
	07:15 PM - 08:00 PM	Freeskate				
	05:15 PM - 06:15 PM	Off-Ice	Trout Lake	July 21 - Aug 11	4 weeks	\$93.00
	06:45 PM - 07:30 PM	Freeskate				

\* Monday Aug 14 Freeskate session is 15 minutes longer from 12:45pm - 1:45pm.

\*\* Thursday Off-Ice held in the Curling Club Boardroom @ Hillcrest.

## Fall 2023 Schedule Senior



Day	Time	Session Type	Dates	No Skating	Weeks	Price
Monday	05:15 PM - 06:15 PM	Stretch Off-Ice	Sep 11 - Dec 11		12	\$84.00
	06:20 PM - 06:35 PM	Jump Off-Ice				\$21.00
	06:45 PM - 07:00 PM	Spins	Sep 11 - Dec 18 *		13	\$260.00
	07:00 PM - 08:15 PM	Freeskate				
	08:15 PM - 08:30 PM	Group Enrichment				
Tuesday	03:30 PM - 04:30 PM	Open Freeskate	Sep 5 - Dec 19	-	16	\$183.00
	04:30 PM - 05:30 PM	Freeskate				\$183.00
	05:40 PM - 06:25 PM	Jump Off-Ice	Sep 5 - Dec 12	-	15	\$79.00
Wednesday	05:15 PM - 06:15 PM	Fitness Off-Ice	Sep 6 - Dec 13	-	15	\$105.00
	06:45 PM - 07:00 PM	Spins				
	07:00 PM - 08:15 PM	Freeskate	Sep 6 - Dec 20 *	-	16	\$320.00
	08:15 PM - 08:30 PM	Group Enrichment				
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Sep 7 - Dec 21	-	16	\$78.00
Friday	06:30 AM - 08:00 AM	Open Freeskate	Sep 8 - Dec 22	-	16	\$78.00
Saturday	02:00 PM - 03:00 PM	Pilates Off-Ice	Sep 9 - Dec 9		11	\$77.00
	03:15 PM - 04:15 PM	Freeskate				
	04:15 PM - 04:45 PM	Group Enrichment	Sep 30, Oct 7, Nov 11	Sep 30	13	\$223.00
Sunday	08:30 AM - 09:30 AM	Open Freeskate	Sep 10 - Dec 10		12	\$59.00
	09:40 AM - 10:10 AM	Open Jump Off-Ice				Oct 8, Nov 12

\* Dec 18 & 20 sessions start 1 hour earlier (5:45pm - 7:30pm)

**Other Important Dates:**

Christmas Exhibition: Dec 16

Christmas Holiday: **NO SKATING** Dec 17 and Dec 23 - Jan 3

Last updated: Aug 23, 2023

## Fall 2023 Schedule Junior



Day	Time	Session Type	Dates	No Skating	Weeks	Price
Monday	04:30 PM - 04:45 PM	Group Enrichment	Sep 11 - Dec 18	-	13	\$186.00
	04:45 PM - 05:00 PM	Spins				
	05:00 PM - 05:45 PM	Freeskate	Sep 11 - Dec 11	-	12	\$21.00
	05:55 PM - 06:10 PM	Jump Off-Ice				
	06:15 PM - 07:00 PM	Stretch Off-Ice				\$63.00
Tuesday	03:30 PM - 04:30 PM	Open Freeskate	Sep 5 - Dec 19	-	16	\$183.00
Wednesday	04:30 PM - 04:45 PM	Group Enrichment	Sep 6 - Dec 20	-	16	\$228.00
	04:45 PM - 05:00 PM	Spins				
	05:00 PM - 05:45 PM	Freeskate	Sep 6 - Dec 13	-	15	\$79.00
	06:15 PM - 07:00 PM	Fitness Off-Ice				
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Sep 7 - Dec 21	-	16	\$78.00
Friday	06:30 AM - 08:00 AM	Open Freeskate	Sep 8 - Dec 22	-	16	\$78.00
Saturday	01:45 PM - 02:00 PM	Group Enrichment	Sep 9 - Dec 9	-	13	\$186.00
	02:00 PM - 03:00 PM	Freeskate				
		03:15 PM - 04:15 PM	Pilates Off-Ice	Sep 30, Oct 7, Nov 11		11
Sunday	08:30 AM - 09:30 AM	Open Freeskate	Sep 10 - Dec 10	-	12	\$59.00
	09:40 AM - 10:10 AM	Open Jump Off-Ice				

**Other Important Dates:**

Christmas Exhibition: Dec 16

Christmas Holiday: **NO SKATING** Dec 17 and Dec 23 - Jan 3

*Last updated: Aug 23, 2023*

## Winter 2023 Schedule Senior



Day	Time	Session Type	Dates	No Session	Weeks	Price
Monday	05:15 PM - 06:15 PM	Stretch Off-Ice	Jan 8 - Mar 11		9	\$63.00
	06:20 PM - 06:35 PM	Jump Off-Ice				\$16.00
	06:45 PM - 07:00 PM	Spins		Feb 19		
	07:00 PM - 08:15 PM	Freeskate	Jan 8 - Mar 18 *		10	\$200.00
	08:15 PM - 08:30 PM	Group Enrichment				
Tuesday	03:15 PM - 04:15 PM	Open Freeskate	Jan 2 - Mar 19	-	12	\$137.00
	04:25 PM - 05:10 PM	Open Jump Off-Ice				\$63.00
Wednesday	05:15 PM - 06:15 PM	Fitness Off-Ice	Jan 10 - Mar 13	-	10	\$70.00
	06:45 PM - 07:00 PM	Spins	Jan 3 - Mar 20 *	-	12	\$240.00
	07:00 PM - 08:15 PM	Freeskate				
	08:15 PM - 08:30 PM	Group Enrichment				
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Jan 4 - Mar 21	-	12	\$59.00
Friday	06:30 AM - 08:00 AM	Open Freeskate	Jan 5 - Mar 22	-	12	\$59.00
Saturday	02:00 PM - 03:00 PM	Pilates Off-Ice	Jan 13 - Mar 16	Feb 17	9	\$63.00
	03:15 PM - 04:15 PM	Freeskate	Jan 6 - Mar 23	-	12	\$206.00
	04:15 PM - 04:45 PM	Group Enrichment				
Sunday	08:30 AM - 09:45 AM	Open Freeskate	Jan 7 - Mar 24	Feb 18	11	\$188.00
	09:45 AM - 10:00 AM	Group Enrichment				
	10:10 AM - 10:40 AM	Open Jump Off-Ice				\$39.00

\* Jan 3, Mar 18 & Mar 20 sessions start 1 hour earlier (5:45pm - 7:30pm)

*Last updated: Nov 13, 2023*

## Winter 2023 Schedule Junior



Day	Time	Session Type	Dates	No Session	Weeks	Price
Monday	04:30 PM - 04:45 PM	Group Enrichment	Jan 8 - Mar 18	Feb 19	10	\$143.00
	04:45 PM - 05:00 PM	Spins				
	05:00 PM - 05:45 PM	Freeskate	Jan 8 - Mar 11		9	\$16.00
	05:55 PM - 06:10 PM	Jump Off-Ice				
	06:15 PM - 07:00 PM	Stretch Off-Ice			\$48.00	
Tuesday	03:15 PM - 04:15 PM	Open Freeskate	Jan 2 - Mar 19	-	12	\$137.00
	04:25 PM - 05:10 PM	Open Jump Off-Ice				\$63.00
Wednesday	04:30 PM - 04:45 PM	Group Enrichment	Jan 3 - Mar 20	-	12	\$171.00
	04:45 PM - 05:00 PM	Spins				
	05:00 PM - 05:45 PM	Freeskate	Jan 10 - Mar 13		10	\$53.00
	06:15 PM - 07:00 PM	Fitness Off-Ice				
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Jan 4 - Mar 21	-	12	\$59.00
Friday	06:30 AM - 08:00 AM	Open Freeskate	Jan 5 - Mar 22	-	12	\$59.00
Saturday	01:45 PM - 02:00 PM	Group Enrichment	Jan 6 - Mar 23	-	12	\$171.00
	02:00 PM - 03:00 PM	Freeskate				
	03:15 PM - 04:15 PM	Pilates Off-Ice	Jan 13 - Mar 16		Feb 17	9
Sunday	08:30 AM - 09:45 AM	Open Freeskate	Jan 7 - Mar 24	Feb 18	11	\$188.00
	09:45 AM - 10:00 AM	Group Enrichment				
		10:10 AM - 10:40 AM	Open Jump Off-Ice			

*Last updated: Nov 13, 2023*



2023 DECEMBER

# HOLIDAY ICE

WED  
**27**

**JUNIOR**

9 AM - 10 AM

**SENIOR**

10 AM - 11 AM

THU  
**28**

**JUNIOR**

9 AM - 10 AM

**SENIOR**

10 AM - 11 AM

FRI  
**29**

**JUNIOR**

9 AM - 10 AM

**SENIOR**

10 AM - 11 AM

All sessions located at Killarney Rink  
For club CompSTAR members only

@KILLARNEYFSC

